

ANNOUNCEMENT
2009
LOS ANGELES OPEN CHAMPIONSHIPS



ORGANIZED AND CONDUCTED BY THE
LOS ANGELES FIGURE SKATING CLUB



SANCTIONED BY
UNITED STATES FIGURE SKATING

PICKWICK ICE ARENA
1001 Riverside Drive
Burbank, CA 91506
(818) 846-0035

FRIDAY, SATURDAY, SUNDAY
July 17, 18 & 19, 2009

Entry Deadline: June 17, 2009

Chair

Joanne Davis
7316 Zachau Pl
Tujunga, CA 91042
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Registrar

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Competition Rules for the 2009 Los Angeles Open Championships

These Championships will be conducted in accordance with the rules and test requirements set forth in the current US Figure Skating Rulebook, except as herein provided.

A competitor may not enter an event in the Los Angeles Championships if they have won the same event at any Regional or higher competition with the exception of the Senior events. Dance or pairs winners may re-enter with a different partner. Any competitor(s) eliminated by this rule is/are eligible to enter the next higher event, irrespective of the test requirements. Skaters may enter only one category of each event to be skated, per Rule 3216 of the current Rulebook, with the exception of Solo Dance. Skaters may enter the level for which they qualify or any higher level.

PRACTICE ICE

The Los Angeles FSC is not scheduling practice sessions. Please contact Pickwick Ice Arena at (818) 846-0035 for session information.

SYSTEM OF JUDGING

The **IJS system** will be used for short programs and free skating of Juvenile, Intermediate, Novice, Junior and Senior singles and pairs events; compulsory dance, original dance and free dance, also for Adult Gold and Masters free skating events. The 6.0 system will be used for all other events.

AWARDS

Trophies will be awarded through 4th place for Free Skating events. Medals will be awarded through 4th place for all other events. The **perpetual trophy will be awarded to the winner of the combined Short Program and Free Skating**. For Juvenile and lower events, the perpetual trophy will be awarded to the winner of the Free Skating event. Names of the winners of events for which there is a perpetual trophy will be engraved on the trophy. The winners of the Van Valkenberg Trophy for the most outstanding performance and the Virginia Fratianne Trophy for the most artistic performance will be awarded a trophy and his/her name will be engraved on the perpetual trophy.

Singles competitors who place 1st through 4th in a singles artistic event may qualify for National Showcase 2009. Eligible skaters will have passed the Preliminary Free Skating test and above OR completed requirements for Adult Interpretive Free Skating and above. Please contact Melissa Bowman (email patinage_tx@verizon.net, phone 972/208-2852), Vice Chair for National Showcase.

MUSIC

Rewound cassette tapes or one track CDs (no CD-RWs), clearly identified and ready to play, must be turned in when checking in at registration. Competitors should have a back-up tape or CD available if needed. Tapes and CDs should be picked up after your event at the registration desk.

HOTEL ACCOMMODATIONS

Anabelle Hotel	Holiday Inn
2011 West Olive Ave	150 E. Angeleno Ave
Burbank, CA 91506	Burbank, CA 91502
(818) 845-7800	(818) 841-4770

GROUP DIVISION OF SINGLES EVENTS

If there are more than eighteen (18) entries in any one class of a Singles event after division of age groups, if applicable, the skaters in that class shall be divided into groups of no more than eighteen (18) skaters for Juvenile or higher events by random draw; fourteen (14) skaters for Pre-Juvenile or lower events drawn by age. If entries are divided into groups, there will be NO FINAL ROUND.

ENTRIES MAY BE LIMITED TO TIME ALLOWANCES. EARLIEST POSTMARKS WILL PREVAIL.

WARM-UP TIMES (in minutes)

<u>LEVEL</u>	<u>CP</u>	<u>SP & FS</u>	<u>Art</u>	<u>Spins</u>	<u>Jumps</u>
Basic	3	4	3	x	x
Pre-Pre to Pre-Juv	4	5	4	3	4
Open Juv / Juv	5	6	5	3	4
Intm - Sr	x	6	5	3	4
Adult	4	6	5	3	x
Dance	All events 1 minute without music, 3 minutes with music, each dance				

FREE SKATING EVENTS

COMPULSORY PROGRAMS must be performed as a continuous program with all elements performed once in any order without music and without additional elements or excessive embellishment, Moves in the Field elements are considered a single element and may not be split but must be performed in its entirety as it would be in the Moves in the Field test; i.e., it is not permitted to perform a portion of the move, then another element and then the rest of the move.

Two marks will be awarded for Required Elements and Presentation with the mark for Required Elements breaking ties. Additional, repeated or omitted elements will be penalized by a deduction of 0.2 in the mark for Required Elements. Failures, based on their severity and context in the program, may be reflected in the base mark and/or a penalty of 0.1 to 0.2, the latter only for extreme failures. Excessive embellishment may be penalized only to the extent in the judge's opinion that the program is unnecessarily prolonged but no more than 0.2 in the mark for presentation. Additional elements include jumps of ½ revolution or greater and spins or spin-like movements of 1 revolution or greater.

COMPULSORY PROGRAMS AND FREE SKATING: Program times allow plus or minus 10 seconds except those specified as Maximum. In that case there is no additional 10 second allowance and there is no minimum time. All references to the Axel jump include one foot Axel and inside Axel. If half ice is specified, the event shall be skated on half ice with cones regardless whether the other half of the ice surface is being utilized or not.

Free Skating events for Intermediate and higher singles and Novice and higher pairs consist of a short and a Free Skating program.

BASIC LEVEL 1: (6 Yrs or under)

Skaters may not have passed any Free Skating Test. Boys and girls may compete against each other.

FREE SKATING: Must be performed as a continuous program with all listed elements performed once in any order with music.

1. Forward swizzles,(min 3);
2. Backward wiggles(min 3);
3. Dip;
4. Bunny hop;
5. Snow plow stop, 1 or 2 foot

Program time: 1:10 minute (Maximum) Full ice with music

Two marks will be awarded for Required Elements and Presentation. Required Elements mark breaks ties.

BASIC LEVEL 2:

Skaters may not have passed any Free Skating Test.

Boys and girls may compete against each other.

COMPULSORY PROGRAM:

1. Consecutive forward inside edges (min 2 on each foot);
2. Forward spiral, either foot, either edge or flat
3. Waltz jump;
4. Half flip;
5. Two foot upright spin, (min 3 rev);
6. T-stop, either foot or edge

Program Time: Unspecified Half ice without music

FREE SKATING:

Jumps: No jumps of one revolution or greater are permitted except single toe loop, single Salchow and half loop.

Jump Combinations: or sequences are not required but no more than three in total are permitted.

Spins: A minimum of one spin with a minimum of three revolutions. No Spins commenced with a jump.

Steps: Connecting moves and steps should be demonstrated.

Program time: 1:40 minutes (Maximum)

BASIC LEVEL 3:

Skaters may not have passed any Free Skating Test.

Boys and girls may compete against each other.

COMPULSORY PROGRAM:

Consecutive backward outside edges, minimum 2 on each foot; Forward outside spiral, either foot

Salchow ; Flip ; One foot upright spin, minimum 3 revolutions

Program Time: Unspecified Half ice without music

FREE SKATING: Shall be in accordance with Rule 3720 of the current Rulebook except spins commenced with a jump are not permitted.

Program time: 1:30 minutes

PRE-PRELIMINARY: Girls-Pickwick Ice Arena Trophy Boys-LAFSC Sr. Board Trophy

Skaters may not have passed the Preliminary Free Skating Test

COMPULSORY PROGRAM:

1. Consecutive backward inside edges, minimum 4 (TR 25.01(2); PPM Pattern 2)
2. Waltz eight (TR 25.01(4); PPM Pattern 4)
3. Single toe loop
4. One foot upright spin, minimum 4 revolutions

Program Time: Unspecified Half ice without music

FREE SKATING: Shall be in accordance with Rule 3710 of the current Rulebook. Program time: 1:30 minutes

PRELIMINARY: Girls-Roberta Buswell Trophy Boys-Robert Van Valkenburg Trophy

Skaters may not have passed the Pre-Juvenile Free Skating Test

COMPULSORY PROGRAM:

1. Consecutive outside and inside spirals (TR 25.02(2); PM Pattern 2)
2. Alternating forward 3-turns (TR 25.02(4); PM Pattern 4);
3. Loop jump
4. Sit spin minimum 3 revolutions in position

Program Time: Unspecified Full ice without music

FREE SKATING: Shall be in accordance with Rule 3700 of the current Rulebook except double Lutz and double Axel are not permitted. Program time: 1:30 minutes

PRE-JUVENILE: Girls-Jeri Crandell Trophy Boys-Culver City Trophy Co. Trophy

Skaters may not have passed the Juvenile Free Skating Test

COMPULSORY PROGRAM:

1. Forward inside-back outside 3-turns in the Field (TR 25.03(4); PJM Pattern 4);
2. Five step mohawk sequence (TR 25.03(6); PJM Pattern 6)
3. Single Lutz jump;
4. Combination spin with no change of foot and only one change of position. Any two positions allowed, minimum 3 revolutions in each position

Program Time: Unspecified Full ice without music

FREE SKATING: Shall be in accordance with Rule 3690 of the current Rulebook except double Lutz and double Axel are not permitted. Program time: 2:00 minutes

JUVENILE: Age 12 and under Girls-Jennie Walsh Trophy Boys-Pauline Newman Trophy

OPEN-JUVENILE: Age 13 and older

Skaters may not have passed the Intermediate Free Skating Test

COMPULSORY PROGRAM:

1. Eight step mohawk sequence (TR 25.04(1); JM Pattern 1)
2. Forward double 3-turns (TR 25.04(4); JM Pattern 4)
3. Jump combination of any two single jumps, including Axel
4. Combination spin with only one change of foot, minimum 4 revolutions each foot. Positions are free

Program time: Unspecified

Full ice without music

FREE SKATING: Shall be in accordance with Rule 3680 of the current Rulebook. Program time: 2:15 minutes

INTERMEDIATE: Ladies-William L. Udell Trophy Men-LAFSC Jr. Board Trophy

Skaters may not have passed the Novice Free Skating Test.

SHORT PROGRAM: Shall be in accordance with Rule 3671 of the current Rulebook.

Program time: 2:00 minutes Maximum

FREE SKATING: Shall be in accordance with Rule 3672 of the current Rulebook. Program time: 2:30 minutes

NOVICE: Ladies-Sandy Carson Trophy Men-Robert Taylor Trophy

Skaters may not have passed the Junior Free Skating Test.

SHORT PROGRAM: Shall be in accordance with Rule 3661/3662 of the current Rulebook.

Program time: 2:30 minutes Maximum

FREE SKATING: Shall be in accordance with Rule 3663 of the current Rulebook.

Program time: Men-3:30 minutes; Ladies-3:00 minutes

JUNIOR: Ladies-Wanda Guntert Trophy Men-Christopher Bowman Trophy

Skaters may not have passed the Senior Free Skating Test.

SHORT PROGRAM: Shall be in accordance with Rule 3651/3652 of the current Rulebook.

The group to be skated will be Group B.

Program time: 2:50 minutes Maximum

FREE SKATING: Shall be in accordance with Rule 3653 of the current Rulebook.

Program time: Men - 4 minutes; Ladies - 3:30 minutes

SENIOR: Ladies-Catherine Machado Trophy Men-Richard Dwyer Trophy

No test requirements

SHORT PROGRAM: Shall be in accordance with Rule 3641/3642 of the current Rulebook.

Program time: 2:50 minutes Maximum

FREE SKATING: Shall be in accordance with Rule 3643 of the current Rulebook.

Program time: Men - 4:30 minutes; Ladies - 4 minutes

JUMP COMPETITION EVENTS

Age and test requirements are the same as for Free Skating. Jump competition events will consist of three prescribed jumps plus a jump of the skater's choice for Pre-Preliminary and Preliminary and a jump combination of the skater's choice for Pre-Juvenile through Senior, subject to restrictions for each level as listed below. The jumps may be performed in any order in a program without music. Connecting footwork may be incorporated in the program but should be kept to a minimum and will be judged only in the case of jumps immediately preceded by connecting steps and/or comparable free skating movements. There will be a 0.2 deduction for added elements or repeated jumps (attempts count). Ladies and men will compete against each other at all levels. One mark will be awarded by the judges.

PRE-PRELIMINARY: Waltz jump, toe loop, Salchow, one single jump of skater's choice (no Axel)

Time: 1:40 minutes (maximum); Half ice event

PRELIMINARY: Flip, loop, Lutz, one single jump of skater's choice (no Axel)

Time: 1:40 minutes (maximum); Half ice event

PRE-JUVENILE: Half loop, Lutz, Axel, any combination of two single jumps

Time: 1:40 minutes (maximum); Half ice event

JUVENILE/ OPEN JUVENILE: Axel, double toe loop, double Salchow, any combination of two jumps. One jump must be immediately preceded by connecting steps and/ or comparable free skating movements.

Time: 1:40 minutes (maximum); Full ice event

INTERMEDIATE: Axel, Walley, double flip, any combination of two jumps. One jump must be immediately preceded by connecting steps and/or comparable free skating movements.

Time: 1:40 minutes (maximum); Full ice event

NOVICE: Axel, double loop, double Lutz, any combination of two jumps. One jump must be immediately preceded by connecting steps and/or comparable free skating movements.

Time: 1:40 minutes (maximum); Full ice event

JUNIOR: Axel, double loop, double Lutz, any combination of two jumps. One jump must be immediately preceded by connecting steps and/or comparable free skating movements.

Time: 1:40 minutes (maximum); Full ice event

SENIOR: Axel or double Axel, any two double or triple jumps, any combination of two jumps. One jump must be immediately preceded by connecting steps and/or comparable free skating movements.

Time: 1:40 minutes (maximum); Full ice event

SPIN COMPETITION EVENTS

Age and test requirements are the same as for Free Skating. Spin competition events will consist of three prescribed spins. The spins may be performed in any order in a program without music. Connecting footwork may be incorporated into the program but should be kept to a minimum and will not be judged. There will be a 0.2 deduction for added elements or repeated spins (attempts count). Ladies and men will compete against each other at all levels. One mark will be awarded by the judges. **All spin events are half ice events. Time limits will be 1:40 maximum for all events.**

PRE-PRELIMINARY:

1. Forward scratch spin (minimum 3 revolutions)
2. One foot upright spin (minimum 3 revolutions)
3. Sit spin (minimum 3 revolutions)

PRELIMINARY:

1. One foot upright spin, optional free foot (minimum 3 revolutions)
2. One foot back spin - entry optional (minimum 3 revolutions)
3. Sit spin - in recognizable sit position (minimum 3 revolutions)

PRE-JUVENILE:

1. One camel spin (minimum 3 revolutions)
2. One combination spin with one change of position, no change of foot, e.g. camel spin, sit spin (minimum 6 revolutions total in position)
3. Front scratch to back scratch - exiting on spinning foot (minimum 4 revolution on ea foot)

OPEN JUVENILE/JUVENILE:

1. Forward sit spin (minimum 4 revolutions)
2. Ladies: Layback or attitude spin (minimum 4 revolutions)
Men: Forward camel spin (minimum 4 revolutions)
3. One combination spin with one change of foot, no change of position (min 4 rev ea foot - camel, sit or attitude)

INTERMEDIATE:

1. Sit spin to change foot sit spin (minimum 4 revolution in position)
2. Camel spin to back camel spin (minimum 4 revolution in position)
3. Spin combination consisting of one change of foot and one change of position (minimum 4 revolutions each foot)

NOVICE:

1. Choice of camel spin, sit spin, or layback spin (minimum 6 revolution in position)
2. Flying camel spin (minimum 5 revolutions)
3. Spin combination consisting of one change of foot and 2 changes of position (minimum 5 revolutions each foot)

JUNIOR:

1. Flying sit spin (minimum 6 revolutions)
2. Layback or cross foot spin (minimum 6 revolutions)
3. Spin combination consisting of three positions and one change of foot (minimum 5 revolutions each foot)

SENIOR:

1. Flying spin of choice (minimum 6 revolutions)
2. Spin combination consisting of two changes of foot and two changes of position (minimum 15 revolutions total)
3. Spin combination consisting of three positions and one change of foot (minimum 5 revolutions each foot)

ADULT:

1. Sit spin (minimum 4 revolutions in position)
2. Camel spin (minimum 4 revolutions in position)
3. One combination spin with either change of foot or change of position (min 6 rev total)

ARTISTIC EVENTS

Artistic events are offer in both Dramatic and Light Entertainment catagories

The Artistic Program is one in which the skating moves are selected for their value in enhancing the skater's artistry and interpretation of the music rather than for technical difficulty. Single jumps (including the Axel Paulsen) and one double jump are permitted; however, content may not exceed that for Free Skating at the same level. Credit for jumps and spins will be based solely on their choreographic effectiveness. The program should be an integrated exploration of the music; it should not be merely a collection of pleasing or spectacular moves with emphasis being placed on skating skills. Vocal music is permitted.

Skating attire must be modest, dignified, and not garish or theatrical in design. Skating attire may, however, reflect the character of the music chosen. Any ornamentation attached to the clothing must be firmly fastened so as not to fall off while skating under normal competitive conditions. Accessories and props are not permitted.

Program time for Senior and Junior events will be a maximum of 2 min, 40 secs.

Program time for Novice through Juvenile events will be a maximum of 2 min, 10 secs.

Program time for Pre-Juvenile through Basic Level events will be a maximum of 1 min., 40 sec.

Program time for Adult events will be a maximum of 1 min, 40 secs.

The program may be less but not more than the time specified. Vocal music will be permitted.

Entry requirements for artistic events are the same as for free skating.

If entries in the Artistic classes are divided into groups only one round will be skated. Boys and girls may compete in the same event.

Marking the Artistic Program:

1. Two marks are given. The first mark for Skating Technique; the second for Presentation.

2. In marking Skating Technique, the following shall be considered:

- a. The ease, flow, glide, sureness, power and depth of the edges.
- b. Ability to vary the speed and direction of the skating.
- c. Variety of expression and innovative moves.
- d. The succession of movement within the program.
- e. Utilization of space and ice coverage.
- f. Style.

Note: Difficulty of elements is not a factor and technical performance is a factor only to the extent that items a. through f. above are affected.

3. In marking Presentation, the following shall be considered:

- a. Interpretation of the music and rhythm.
- b. Musical timing and understanding of the phrasing of the music.
- c. Use of the entire body to develop the artistic and musical expression.
- d. Creativity.
- e. Choreography - art of arranging movements.
- f. Variation in tempo, tension, emotion, movements.
- g. Internal motivation of movements and expression projected to the audience.
- h. Suitability of music to the skater.

4. Judges shall deduct .01 to .02 in the second mark (Presentation) for the following:

- a. Prohibited jumps.
- b. Prolonged lying on the ice.
- c. An excess of two footed skating.
- d. Falls which are the fault of the skater and not part of the program and interrupt the harmonious composition.
- e. Theatrical and garish costumes/make-up, removable pieces and props.

5. The Presentation (second) mark shall break the tie in an individual judge's total.

PAIR EVENTS

PRE-JUVENILE PAIRS:

Neither partner may have passed the Juvenile Pair Test.

FREE SKATING: Shall be in accordance with Rule 4091 of the current Rulebook. Program time: 2:00 minutes

JUVENILE PAIRS:

Neither partner may have passed the Intermediate Pair Test.

FREE SKATING: Shall be in accordance with Rule 4081 of the current Rulebook except ignore the reference to Rule 4061. There is no minimum age. Program time: 2:30 minutes

INTERMEDIATE PAIRS:

Neither partner may have passed the Novice Pair Test.

FREE SKATING: Shall be in accordance with rule 4071 of the current Rulebook. Program time: 3:00 minutes

NOVICE PAIRS:

Neither partner may have passed the Junior Pair Test.

SHORT PROGRAM: Shall be in accordance with Rule 4061 of the current Rulebook.

The group to be skated will be Group A. Program time: 2:50 minutes Maximum

FREE SKATING: Shall be in accordance with Rule 4062 of the current Rulebook. Program time: 3:30 minutes

JUNIOR PAIRS:

Neither partner may have passed the Senior Pair Test.

SHORT PROGRAM: Shall be in accordance with Rule 4051 of the current Rulebook.

The group to be skated will be Group A. Program time: 2:50 minutes Maximum

FREE SKATING: Shall be in accordance with Rule 4052 of the current Rulebook. Program time: 4:00 minutes

SENIOR PAIRS:

No test requirements.

SHORT PROGRAM: Shall be in accordance with Rule 4041 of the current Rulebook.

The group to be skated will be Group A. Program time: 2:50 minutes Maximum

FREE SKATING: Shall be in accordance with rule 4042 of the current Rulebook. Program time: 4:30 minutes

ADULT EVENTS

Skaters must be at least 21 years of age at the close of entries.

CHAMPIONSHIP MASTERS, JUNIOR/SENIOR: No test restrictions. See Rule 3740.

Program time: 3:40 minutes maximum

CHAMPIONSHIP MASTERS INTERMEDIATE/NOVICE: Skaters may not have passed the Standard Junior Free Skating Test. See Rule 3745.

Program Time: 3:10 minutes Maximum

ADULT GOLD: Skaters may not have passed the Standard Intermediate Free Skating Test.

See Rule 3780.

Program time: 2:40 minutes Maximum

ADULT SILVER: Skaters may not have passed the Adult Gold Free Skating Test or the Standard Intermediate Free Skating Test. See Rule 3790.

Program time: 2:10 minutes Maximum

ADULT BRONZE: Skaters may not have passed the Adult Silver or the Standard Pre-Juvenile Free Skating Test. See Rule 3800. Program time: 1:50 minute Maximum

ADULT PRE-BRONZE: Skaters may not have passed the Adult Bronze or the Standard Preliminary F/S Test. See Rule 3805. Program time: 1:40 minute Maximum

ENTRY FEES

First Event entered (Intermediate & higher Freeskating)	\$ 100.00
First Event entered (Juvenile & Open Juvenile Freeskating)	\$ 85.00
First Event entered (Pre-Juvenile & lower Freeskating)	\$ 75.00
Competitive Test Track Event entered	\$ 75.00
Subsequent Singles event	\$ 50.00
*Pair Events : (Novice through Senior Freeskating)	\$ 50.00
(per person) (Intermediate & lower Freeskating)	\$ 40.00
Adult Events: (Gold & Masters Freeskating)	\$ 85.00
(Silver through Pre-Bronze Freeskating)	\$ 75.00

* Separate entry forms must be submitted for each skater.

Entry Fees shall be paid by check or money order payable to: LOS ANGELES FIGURE SKATING CLUB

Incomplete entries cannot be accepted and will be returned. The date of receipt of a properly completed entry with entry fee will govern the date of acceptability.

Any test(s) passed after the close of entries which adversely affects the eligibility requirements for the event entered will disqualify the entrant, and the entry fee will not be refunded. Once entries have closed, entry fees are only refundable if the competition is not held. ******(See below) Fully completed entry forms and checks must be received by NO LATER THAN WEDNESDAY, JUNE 17, 2009. Late entries will be accepted only with the approval of the competition committee and the Referee. Late entries, if accepted, will be subject to twice the usual entry fee. NO ENTRIES shall be accepted after the draw has occurred.

A tentative schedule of events will be mailed as soon as available with receipt of a self addressed stamped envelope. Group assignments, when applicable, will be mailed to each competitor. Schedule will be posted on the LAFSC website, www.lafsc.org.

REGISTRATION

A Registration Desk will be established in the lobby of the arena. All competitors and officials are requested to register as soon as possible upon arrival at the arena. Competitors must check in 40 minutes prior to their scheduled event. Events may start up to 30 minutes ahead of scheduled times at the discretion of the Referee.

ARENA

Pickwick Ice Arena is 85'x 200' with slightly rounded corners.

CHAPERON AND PROFESSIONAL BADGES

- One chaperon badge for each competitor under the age of 18 will be available at no cost at the time of entry. The name of designated chaperon **MUST** be shown on the entry form.
- One coach's badge for each competitor is also available at the time of entry. The name of designated coach **MUST** be shown on the entry form.

No chaperon or coach badges will be issued unless names are listed on the Entry Form.

FEES FOR SPECTATOR ADMISSION

Morning Sessions - \$ 7.00
Afternoon Sessions - \$7.00
Evening Sessions - \$10.00
Senior Citizens (all sessions) - \$ 5.00
Children under age 5 - Free
All Event Passes - \$15.00

- All Event Passes are available prior to the closing date of entries **ONLY**. The name of the person to be issued the All Event Pass **MUST** be shown on the Entry Form. All Event Passes may only be ordered through the Entry Form and will not be available at the door.

******In the case of a single entrant in an event, an exhibition with the option of a critique will be offered in lieu of a refund. This does not apply to compulsory programs, jumps or spins.

OFFICIAL ENTRY FORM - LOS ANGELES OPEN CHAMPIONSHIPS

July 17, 18, 19, 2009

This entry must be RECEIVED no later than Wednesday, June 17, 2009. ENTRIES NOT COMPLETE WILL BE RETURNED.

NAME _____ AGE _____ Male _____ Female _____
(Age as of June 17, 2009)

ADDRESS _____ BIRTH DATE _____
Month Day Year

CITY _____ ST _____ ZIP _____

TELEPHONE (_____) _____ US FIGURE SKATING NUMBER: _____

HOME CLUB FOR 2009 – 2010 SEASON: _____

E-MAIL _____ HIGHEST TEST PASSED:F/S _____ PAIRS _____

Mark event(s) entered

Singles	FS	CP	Artistic Light	Artistic Dramatic	Jumps	Spins
Senior Men						
Senior Ladies						
Senior Pairs						
Junior Men						
Junior Ladies						
Junior Pairs						
Novice Men						
Novice Ladies						
Novice Pairs						
Intermediate Men						
Intermediate Ladies						
Open Juvenile Boys						
Open Juvenile Girls						
Juvenile Pairs						
Juvenile Boys						
Juvenile Girls						
Masters Men						
Masters Ladies						
Adult Gold Men						
Adult Gold Ladies						
Adult Silver Men						
Adult Silver Ladies						
Adult Bronze Men						
Adult Bronze Ladies						
Adult Artistic						
Pre-Juvenile Boys						
Pre-Juvenile Girls						
Pre-Juvenile Pairs						
Preliminary Boys						
Preliminary Girls						
Pre-Preliminary Boys						
Pre-Preliminary Girls						
Basic Level 3 Boys						
Basic Level 3 Girls						
Basic Level 2 Boys						
Basic Level 2 Girls						
Basic Level 1 Boys						
Basic Level 1 Girls						

LOS ANGELES OPEN CHAMPIONSHIPS

Planned Program Content Form

Name of Competitor: _____ Home Club _____

Event entered: _____

Men: _____ Ladies: _____ Pairs: _____ Ice Dancing _____

Elements in Order of Skating

Elements SP / OD

Elements FS / FD

	Elements SP / OD	Elements FS / FD
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		

*LOS ANGELES OPEN
CHAMPIONSHIPS
2009*



Basic Skills Events

ELIGIBILITY RULES FOR PARTICIPANTS IN BASIC SKILLS EVENTS

Basic Skills events are open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or Individual dances.

For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

GENERAL RULES

Please see the General Rules section on page one of the announcement for all other information including information on facilities, judging, music, awards, schedule, video taping, photography, and admission.

ARTISTIC EVENTS

Artistic events are offered for all levels including Basic Skills. The technical difficulty of the program is not the main consideration in these marks. Single jumps are not limited, and no double jumps for Pre-Preliminary and below. Skating attire must be modest, dignified, and not garish or theatrical in design. Skating attire may, however, reflect the character of the music chosen. Any ornamentation attached to the clothing must be firmly fastened so as not to fall off while skating under normal competition conditions. Accessories and props are not permitted. Groups may be divided by age or draw. Skaters must provide their own music. Vocal music is acceptable. The judges will consider each presentation in terms of the skater's rhythmic movements, carriage and flow across the ice. Two marks will be given, one for Composition, and one for Presentation - the Presentation mark is the tie breaker. Composition: The harmonious composition of the program as a whole, its variety, conformity with the music, and utilization of the ice surface. Presentation: originality and expression of the character of the music. **Competitors must enter the Artistic event at the same level as their Free Skating event.** Eligibility rules for Free Skating shall apply except where levels are combined. If entries in the Artistic classes are divided into groups, only one round will be skated.

BASIC LEVEL 3: Maximum	Freeskate 4 to 6	Program Time 1:40 minutes
BASIC LEVEL 2: Maximum	Basic 8, Freeskate 1 to 3	Program Time 1:40 minutes
BASIC LEVEL 1: Maximum	Snowplow Sam to Basic 7	Program Time 1:10 minutes

BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8 – NO MUSIC

- Each skater will have the option to perform one element at a time
 - A. In the order listed below (no excessive connecting steps) **OR**
 - B. Will perform each element when directed by a judge or referee
- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

<p><u>Snowplow Sam - TOTS:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle -- clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive -- both directions 3. One foot spin -- min of three revolutions 4. Hockey stop 5. Side Toe hop -- either direction
<p><u>Basic 1:</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles - 6-8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside 3-turn -- R & L from a standstill 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge -- R or L 5. T-stop -- R or L
<p><u>Basic 2:</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide -- either foot 2. Forward alternating ½ swizzle pumps, in a straight line across width of ice 3. Two foot turn in place -- forward to backward 4. Backward two foot swizzles -- 6- 8 in a row 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk -- R to L and L to R 2. Ballet Jump either direction 3. Back crossovers to a back outside edge landing position -- clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3:</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise -- 6-8 consecutive 3. Moving forward to backward two foot turn -- either direction 4. Backward one foot glide -- either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside 3 turns -- R and L 2. Waltz jump 3. Mazurka -- either direction 4. Combination move -- clockwise or counter clockwise – (2 forward crossovers into FI Mohawk, step behind, step into 1 back crossover and step to a forward inside edge) 5. Beginning one-foot upright spin, optional free foot position
<p><u>Basic 4:</u></p> <ol style="list-style-type: none"> 1. Forward outside 3-turn -- R and L from a standstill 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers -- 6-8 consecutive both directions 4. Backward stroking 5. Backward snowplow stop -- R or L 	

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8 - WITH MUSIC

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level.
- Time: 1:00 +/- 10 seconds

<p>Snowplow Sam - TOTS:</p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p>Basic 5:</p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle -- clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive -- both directions 3. One foot spin -- min of three revolutions 4. Side Toe hop -- either direction 5. Hockey stop
<p>Basic 1:</p> <p>Forward two foot glide Forward two foot swizzles -- 6-8 in a row Backward wiggles 6-8 in a row Forward snowplow stop</p>	<p>Basic 6:</p> <ol style="list-style-type: none"> 1. Forward inside 3-turn -- R & L from a standstill 2. Bunny Hop 3. Forward arabesque spiral on a straight line -- R or L 4. Lunge -- R or L 5. T-stop -- R or L
<p>Basic 2:</p> <ol style="list-style-type: none"> 1. Forward one foot glide -- either foot 2. Two foot turn in place -- forward to backward 3. Backward two foot swizzles -- 6-8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line across width of ice 5. Moving snowplow stop 	<p>Basic 7:</p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk -- R to L and L to R 2. Ballet Jump either direction 3. Back crossovers to a back outside edge landing position - clockwise and counter clockwise 4. Forward inside pivot
<p>Basic 3:</p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise -- 6 -8 consecutive 3. Moving forward to backward two foot turn -- either direction 4. Backward one foot glide -- either foot 5. Two foot spin 	<p>Basic 8:</p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside 3 turns R and L 2. Waltz jump 3. Mazurka -- either direction 4. Combination move -- clockwise or counter clockwise – (2 forward crossovers into FI Mohawk, step behind, step into 1 back crossover and step to a forward inside edge) 5. Beginning one-foot upright spin, optional free foot position
<p>Basic 4:</p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers -- 6-8 consecutive both directions 3. Forward outside 3-turn -- R and L from a standstill 4. Backward stroking 5. Backward snowplow stop -- R or L 	

BASIC SKILLS FREE SKATE ELEMENTS EVENT: FREE SKATE 1-6 - NO MUSIC

- In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- To be skated on ½ ice
- No music is allowed
- **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels**
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 minute or less

<p><u>Freeskate level 1 Compulsory:</u></p> <ol style="list-style-type: none"> 1. Advanced forward stroking -- 4-6 consecutive 2. Basic forward outside edges and forward inside consecutive edges -- 2-4 outside and 2-4 inside 3. Scratch spin from backward crossovers 4. Waltz jump from backward crossovers 5. Half flip jump 	<p><u>Freeskate level 4 Compulsory:</u></p> <ol style="list-style-type: none"> 1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise 2. Forward power 3's, 2-3 consecutive sets --R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump
<p><u>Freeskate level 2 Compulsory:</u></p> <ol style="list-style-type: none"> 1. Forward outside spiral -- R or L. and a forward inside spiral -- R or L 2. Waltz Threes -- R or L 3. Beginning back spin -- entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump 	<p><u>Freeskate level 5 Compulsory:</u></p> <ol style="list-style-type: none"> 1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop jump 5. Flip jump
<p><u>Freeskate level 3 Compulsory:</u></p> <ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4-6 consecutive 3. Back spin 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop 	<p><u>Freeskate level 6 Compulsory:</u></p> <ol style="list-style-type: none"> 1. Five step Mohawk sequence -- 1 set alternating pattern (refer to Basic Skills Curriculum Freeskite 6) 2. Camel, sit spin combination -- minimum of 4 revolutions total 3. Split jump or stag jump 4. Waltz jump, ½ loop, Salchow combination 5. Lutz jump

BASIC SKILLS FREE SKATE EVENT: FREE SKATE 1-6 - WITH MUSIC

- The skating order of the required elements is optional.
- The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.
- **Vocal music is not allowed.**
- **The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.**
- A .2 deduction will be taken for each element performed from a higher level.
- Time 1:30+/-10sec

Freestyle 1:	Freestyle 4:
<ol style="list-style-type: none"> 1. Advanced Forward stroking. 4-6 strokes 2. Forward outside or inside consecutive edges, 2-4 3. Scratch spin from back crossovers 4. Waltz jump from back crossovers 5. Half flip jump 	<ol style="list-style-type: none"> 1. Spiral sequence: FI spiral, FI Mohawk, BO spiral R or L 2. Forward power 3's, 2-3 consecutive R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump
Freestyle 2:	Freestyle 5:
<ol style="list-style-type: none"> 1. Forward outside spiral R or L 2. Waltz three's R or L 3. Beginning back spin 4. Waltz jump, side toe hop, waltz jump 5. Toe loop 	<ol style="list-style-type: none"> 1. Spiral sequence: FO spiral, FO 3-turn, 1 back crossover Backward inside spiral, R or L 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop combination jump 5. Flip jump
Freestyle 3:	Freestyle 6:
<ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4-6 3. Back spin 4. Salchow 5. Waltz jump/Toe loop or Salchow/toe loop 	<ol style="list-style-type: none"> 1. 5 step Mohawk sequence, 1 set alternating patterns 2. Camel/sit spin combination, min of 4 revolutions total 3. Split or stag jump 4. Waltz jump/1/2 loop /Salchow combination 5. Lutz jump

BASIC SKILLS ENTRY FORM

2009 LOS ANGELES OPEN CHAMPIONSHIPS

JULY 17, 18 and 19, 2009

Sponsored by the Los Angeles Figure Skating Club

Sanctioned by U.S. Figure Skating

PLEASE PRINT

SKATER'S NAME: _____ MALE _____ FEMALE _____

ADDRESS: _____ ZIP: _____

PHONE NO: (____) _____ US FIGURE SKATING NUMBER: : _____

HOME CLUB: _____ EMAIL: _____

AGE: _____ DATE OF BIRTH (IF UNDER 21 years): _____

ATTENDING COACH & PHONE: _____

COACH'S ADDRESS: _____

PARTNER'S NAME: _____

CHAPERONE 1: _____

CHAPERONE 2: _____

HIGHEST TEST PASSED: _____
Free Skating Moves in the Field Pair

ENTRY FEES

Please make checks payable to the **LOS ANGELES FIGURE SKATING CLUB**

\$65 for the first Compulsory Moves, Free Skating or Artistic event **except as listed below**

\$50 for first Basic Skills or No Test level Boys/Girls event

\$35 for **each additional event entered**

\$90 for Pair team

CERTIFICATION OF AUTHORIZED CLUB OFFICIAL & PARENT OR GUARDIAN

NOTE TO SKATERS: FOR BASIC SKILLS COMPETITION ONLY, YOU MAY REPRESENT A USFS HOME CLUB OR A RINK. IF YOU ARE REPRESENTING A USFS CLUB, YOUR AUTHORIZING SIGNATURE MUST BE FROM AN OFFICIAL OF THAT CLUB – NOT THE RINK AT WHICH YOU SKATE.

CLUB CERTIFICATION: I certify that the above named entrant is a member in good standing of my club OR rink and is a registered eligible person as defined by the official rules of U.S. Figure Skating. USFS membership is current and valid for the 2009-2010 season beginning July 1, 2009 and ending June 10, 2010.

Signature of Authorized Home Club Official or Skating Director

Home Club / Official Title /Date (**Please Print**)

Printed Name of Home Club Official or **Skating Director**

Signature of Coach

(**Printed Coach's Name**)

The undersigned (parent or legal guardian if competitor is under 18 years of age) agrees to hold harmless U.S. Figure Skating, the Los Angeles Figure Skating Club and the Pickwick Ice Center from any and all loss, damage and/or injury of what so ever kind or nature, that may be sustained by the entrant in any manner while participating in all activities of said competition.

Signature of Competitor / Date

Signature of Parent or Legal Guardian / Date

BASIC SKILLS EVENTS ENTERED

	Basic Elements No Music	Basic Programs With Music	Freeskate Elements No Music	Freeskate Programs With Music	Artistic
Snowplow Sam					
Basic 1					
Basic 2					
Basic 3					
Basic 4					
Basic 5					
Basic 6					
Basic 7					
Basic 8					
Freeskate 1					
Freeskate 2					
Freeskate 3					
Freeskate 4					
Freeskate 5					
Freeskate 6					
Basic Level 1 Girls					
Basic Level 1 Boys					
Basic Level 2 Girls					
Basic Level 2 Boys					
Basic Level 3 Girls					
Basic Level 3 Boys					

****ENTRIES MUST BE IN THE HANDS OF THE REGISTRAR BY JUNE 17, 2009.**

LATE ENTRY FEE \$20 ADDITIONAL.

****ALL FEES MUST ACCOMPANY THIS APPLICATION AND ARE NOT REFUNDABLE. RETURNED CHECK PROCESSING FEE \$25**

SEND ENTRY FORM AND FEES TO REGISTRAR:

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 1339 El Vago St
 La Canada-Flintridge, CA 91011

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 E-mail: jan@soohoos.org